Critical Thinking Skills

We live in a knowledge based society and the more critical you think the better your knowledge will be. Critical thinking provides you with the skills to analyze and evaluate information, so that you are able to obtain the greatest amount of knowledge from it. It provides the best chance of making the correct decision and minimizes damages if a mistake does occur.

Critical thinking will lead to being a more rational and disciplined thinker. It will reduce your prejudice and bias which will provide you a better understanding of your environment. This course will provide you the skills to evaluate, identify and distinguish between relevant and irrelevant information. It will lead you to be more productive in your career and provide a great skill in your everyday life.

Objectives

Understand components of critical thinking | Utilize non-linear thinking and logical thinking | Identify benefits of critical thinking | Recognize what it means to be a critical thinker | Comprehend problem solving abilities

Critical Thinking Skills Course Outline:

Module One: Getting Started
- Icebreaker
- Housekeeping Items
- The Parking Lot
- Workshop Objectives

Module Two: Components of Critical Thinking
- Applying Reason
- Open Mindedness
- Analysis
- Case Study
- Module Two: Review Questions

Module Three: Non-Linear Thinking
- Step Out of Your Comfort Zone
- Don’t Jump to Conclusions
- Expect and Initiate
- Being Ready to Adapt
- Case Study
- Module Three: Review Questions

Module Four: Logical Thinking
- Ask the Right Questions
- Organize the Data
- Evaluate the Information
- Draw Conclusions
- Case Study
- Module Four: Review Questions

Module Five: Critical Thinkers (I)
- Active Listening
- Be Curious
- Be Disciplined
- Be Humbled
- Case Study
- Module Five: Review Questions

Module Six: Critical Thinkers (II)
- Seeing the Big Picture
- Objectivity
- Using Your Emotions
- Being Self-Aware
- Case Study
- Module Six: Review Questions

Module Seven: Evaluate Information
- Making Assumptions
- Watch Out for Bias
- Ask Clarifying Questions
- SWOT Analysis
- Case Study
- Module Seven: Review Questions

Module Eight: Benefits of Critical Thinking
- Being More Persuasive
- Better Communication
- Better Problem Solving
- Increased Emotional Intelligence
- Case Study
- Module Eight: Review Questions

Module Nine: Changing Your Perspective
- Limitations of Your Point of View
- Considering Other Viewpoints
- Influence on Bias
- When New Information Arrives
- Case Study
- Module Nine: Review Questions

Module Ten: Problem Solving
- Identify Inconsistencies
- Trust Your Instincts
- Asking Why?
- Evaluate the Solution(s)
- Case Study
- Module Ten: Review Questions

Module Eleven: Putting It All Together
- Retaining Your New Skills
- Reflect and Learn From Mistakes
- Always Ask Questions
- Practicing Critical Thinking
- Case Study
- Module Eleven: Review Questions

Module Twelve: Wrapping Up
- Words From the Wise
- Review of Parking Lot
- Lessons Learned
- Completion of Action Plans and Evaluations